



## **MEXICO CITY**

OCTOBER 7 - 8, 2016

For more information, visit ACC.org/LatinAmerica2016







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#### Practical Guidance on Anti-thrombotics

SESSION DAY/TIME: Friday, October 7, 5:15pm-6:00pm

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Boston, MA

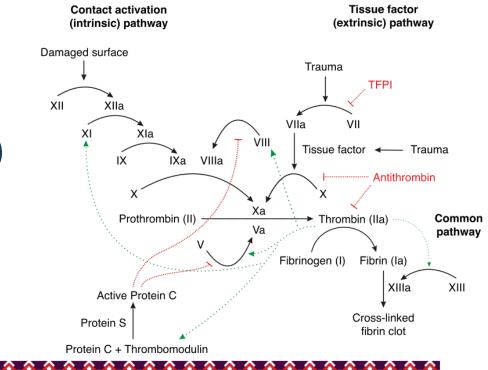
Disclosures:

Research Support St Jude Medical Inc., Biosense Webster, Inc.



# Oral Anticoagulants Approved for Stroke Prevention in AF

- Vitamin K Antagonist:
  - Warfarin
- Direct Thrombin Inhibitor:
  - Dabigatran etexilate (Pradaxa)
- Direct Factor Xa Inhibitor:
  - Apixaban (Eliquis)
  - Rivaroxaban (Xarelto)
  - Edoxaban (Savaysa)

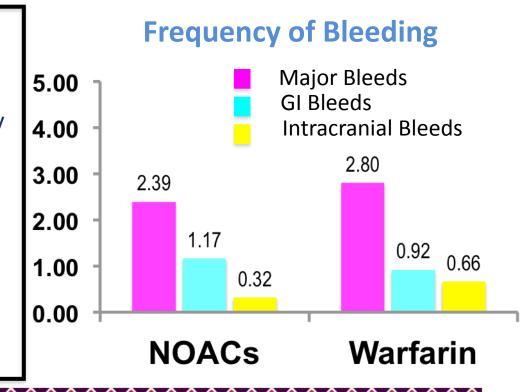




## Meta-analysis of NOAGs compared with Warfarin in AF

- N = 71,683 ( 4 Phase III NOAG Trials)
- Reduction in:
  - Stroke or systemic embolism by19%
  - Major bleeds by 14%
  - Intracranial bleed by 52%

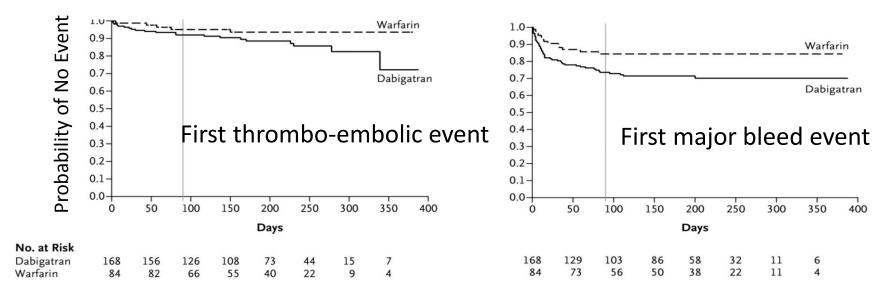
ADVANTAGES: Rapid onset of action, no food interaction and less interaction with drugs





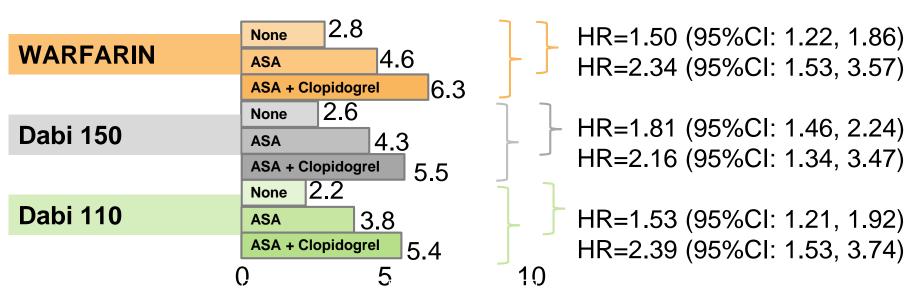
## Dabigatran vs Warfarin in Mechanical Heart Valves

Dabigatran was associated with higher rates of ischemic stroke (5%, vs. 0% with warfarin) and major bleeding (4% vs. 2%)



## RE-LY Study: Bleeding with Antiplatelet Therapy

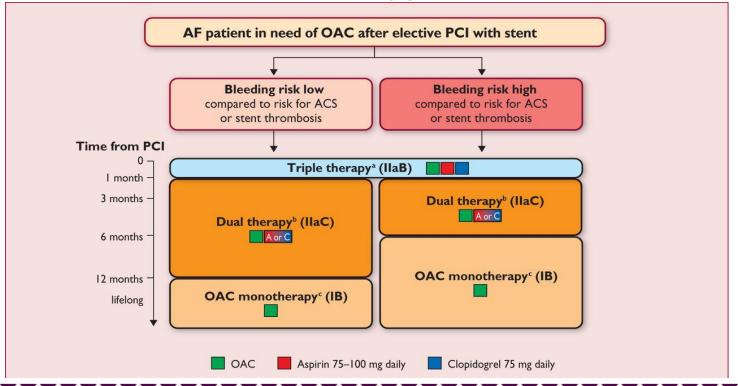
### Major Bleeding\*



<sup>\*</sup>Adjusted for age, gender, warfarin experience, SBP, CAD, CHF, TIA, HTN, DM, CrCl, Statins



## How to Approach Combination Antithrombotic Therapy- Elective PCI





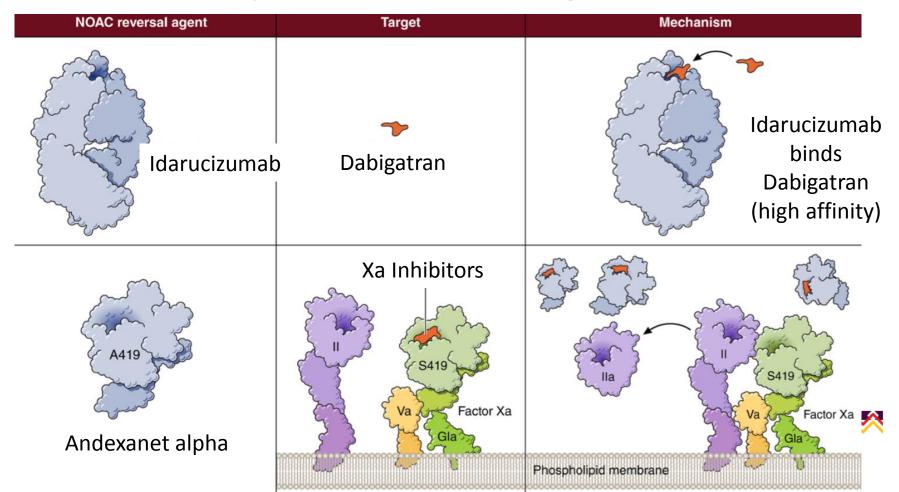
## Non-Specific Reversal Agents

#### After Discontinuation of drug and Supportive Care (fluids / transfusions)

Agent	Clotting Factors Replaced	Dose
4 Factor-PCC	Factors II, VII, IX, X	25-50 units/kg
3 Factor-PCC	Factors II, IX, X	25-50 units/kg
aPCC	Factors II, VIIa, IX, X	80 units/kg
rFVIIa	FVIIa	90 ug/kg



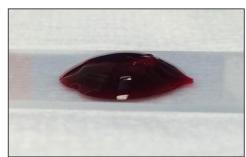
#### Specific NOAG Reversal Agents



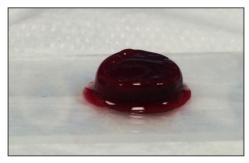
## Ciraparantag



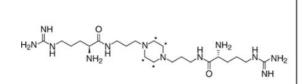
**BASELINE** (Pre-edoxaban)



ANTICOAGULATED (Pre-PER977, 2.75 hrs 60 mg edoxaban p.o.)

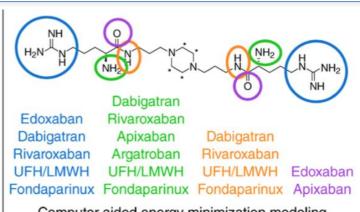


**REVERSED** (1 hr post 100 mg i.v. bolus PER977)



Ciraparantag (PER977)

Apixaban
Argatroban
Edoxaban
Dabigatran
Rivaroxaban
UFH
LMWH
Fondaparinux



Computer-aided energy minimization modeling predicts 8 non-covalent binding sites on ciraparantag for NOACs or heparins

## NOAC Bleeding Management Algorithm

Minor bleeding

Major or life-threatening bleeding

Flla inhibitor (Dabigatran)

FXa inhibitor (Rivaroxaban, Apixaban, Edoxaban)

- Local measures
- Discontinue 1 or 2 doses if necessary

- Discontinue drug
- Mechanical compression, surgical hemostasis, transfusion of RBC or PT (if concomitant antiplatelet use)
- Activated charcoal (if last dose <2 h)</li>
- PCC / aPCC / rFVIIIa
- Consider hemodialysis
- Idarucizumab

- Discontinue drug
- Mechanical compression, surgical hemostasis, transfusion of RBC or PT (if concomitant antiplatelet use)
- Activated charcoal (if last dose <2 h)</li>
- PCC / aPCC / rFVIIIa
- (Andexanet alfa)

Enriquez A, et al. Europace. 2015 [epub ahead of print]

#### Restarting Anticoagulation After GI Bleed

## 442 Patients with GI Bleed on Warfarin: Outcomes 90 days

Event	Resumed Warfarin (N=260)	Did Not Resume Warfarin (N=182)	HR (95% CI)	P-value
Thrombosis	0.4%	6%	0.05 (0.01- 0.58)	<0.001
Recurrent GI Bleed	10%	6%	1.32 (0.50- 3.57)	0.09
Death	6%	20%	0.31 (0.15- 0.62)	<0.001

Restarting anticoagulation is associated with:

Significant 95% reduction in thrombotic events

Significant 69% reduction in death

Witt DM, et al. Arch Intern Med. 2012; 172:1481

Non-significant increase in recurrent GI bleed

## Summary (NOAGs and Bleeding)

- Serious bleeding is *uncommon* with NOACs 50% less compared to warfarin
- Many bleeds are preventable Stop unnecessary antiplatelet agents and NSAIDs
- For most bleeds: temporarily stopping anticoagulation and supportive measures are all that is needed
- Laboratory coagulation tests have limited utility
- PCCs are the preferred non-specific reversal agent
- Specific antidotes available for dabigatran and likely soon to be available for Fxa inhibitors: trauma, urgent surgery, stroke requiring lysis
- Anticoagulation should be restarted in the majority of patients who experience a bleed once stabilized

